

# October 2023 Assisted Living



		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location keys</b></p> <ul style="list-style-type: none"> <li>Dining room DR</li> <li>TV Room TR</li> <li>Outside O</li> <li>Wellness Studio WS</li> <li>Screen Porch SP</li> </ul>	<p><b>International Coffee Day</b> 1</p> <ul style="list-style-type: none"> <li>10:00 Virtual Hymns</li> <li>11:00 Virtual Church</li> <li>2:00 Pokeno</li> <li>3:00 Board Games</li> </ul>	<p>9:45 This Day in History 2</p> <ul style="list-style-type: none"> <li>10:00 Moving &amp; Grooving</li> <li>10:30 Corn Hole Tournament</li> <li>1:30 Trivial Pursuit [AS]</li> <li>3:00 Fall Craft Fun! [AS]</li> </ul>	<p>9:45 This Day in History 3</p> <ul style="list-style-type: none"> <li>10:00 <b>Job Therapy Dog</b></li> <li>11:00 Dart Game</li> <li>1:30 Scrabble [AS]</li> <li>3:00 Apple Cider &amp; Cookie Social</li> </ul>	<p>9:45 This Day in History 4</p> <ul style="list-style-type: none"> <li>10:00 <b>Senior Safari at the zoo</b></li> <li>10:30 <b>Chair Yoga</b></li> <li>1:30 Bingo [AS]</li> <li>3:00 Uno</li> </ul>	<p>9:45 This Day in History 5</p> <ul style="list-style-type: none"> <li>10:00 Balloon Tennis</li> <li>10:00 <b>Dixon Gallery</b></li> <li>11:00 Pokeno [AS]</li> <li>1:30 Yahtzee [AS]</li> <li>3:00 Painting Fall Bird Houses [AS]</li> </ul>	<p>9:45 This Day in History 6</p> <ul style="list-style-type: none"> <li>10:30 <b>Devotion with Angie</b></li> <li>2:00 <b>Swimming Class [PL]</b></li> <li>2:00 Yahtzee [AS]</li> <li>3:00 <b>Happy Hour</b></li> </ul>	<p>9:45 This Day in History 7</p> <ul style="list-style-type: none"> <li>10:00 Morning Walk</li> <li>10:30 Board Games</li> <li>2:00 Bingo</li> <li>3:00 Card Games</li> </ul>	
	<p><b>“As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness behind, I'd still be in prison.”</b></p> <p>— Nelson Mandela</p>	<p>9:45 This Day in History 8</p> <ul style="list-style-type: none"> <li>10:00 Virtual Hymns</li> <li>11:00 Virtual Church</li> <li>2:00 Pokeno</li> <li>3:00 Board Games</li> </ul>	<p><b>Beer and Pizza Day</b> 9</p> <ul style="list-style-type: none"> <li>9:45 This Day in History</li> <li>10:00 Shuffleboard Tournament</li> <li>11:00 Virtual Trivia [AS]</li> <li>2:00 <b>Pizza Party</b></li> <li>3:00 Tissue Paper Pumpkin Craft [AS]</li> </ul>	<p>9:45 This Day in History 10</p> <ul style="list-style-type: none"> <li>10:00 <b>Karaoke Fun!</b></li> <li>11:00 Dominoes [AS]</li> <li>2:00 Bingo [AS]</li> <li>3:00 Uno</li> </ul>	<p>9:45 This Day in History 11</p> <ul style="list-style-type: none"> <li>10:30 <b>Chair Yoga</b></li> <li>1:00 <b>Grand Opening</b></li> </ul>	<p>9:45 This Day in History 12</p> <ul style="list-style-type: none"> <li>10:00 Drumming with the D.O.N. 80's Edition</li> <li>11:00 Sing A Long</li> <li>2:00 Scrabble [AS]</li> <li>2:00 <b>Veterans Club (Peach Cobbler Factory)</b></li> <li>3:00 Scout It Out Game [AS]</li> </ul>	<p><b>Cancer Awareness Day</b> 13</p> <ul style="list-style-type: none"> <li>9:45 This Day in History</li> <li>10:30 <b>Devotion with Angie</b></li> <li>2:00 <b>Entertainment/ Jeremy Clement</b></li> <li>2:00 <b>Happy Hour</b></li> <li>2:00 <b>Swimming Class [PL]</b></li> <li>3:00 Cancer Logo Craft [AS]</li> </ul>	<p>9:45 This Day in History 14</p> <ul style="list-style-type: none"> <li>10:00 Morning Walk</li> <li>10:30 Board Games</li> <li>2:00 Bingo</li> <li>3:00 Card Games</li> </ul>
	<p>9:45 This Day in History 15</p> <ul style="list-style-type: none"> <li>10:00 Virtual Hymns</li> <li>11:00 Virtual Church</li> <li>2:00 Pokeno</li> <li>3:00 Board Games</li> </ul>	<p>9:45 This Day in History 16</p> <ul style="list-style-type: none"> <li>10:00 Shuffleboard Tournament</li> <li>11:00 Halloween Pictionary</li> <li>2:00 Trivial Pursuit [AS]</li> <li>3:00 Puzzle Tournament [AS]</li> </ul>	<p>9:45 This Day in History 17</p> <ul style="list-style-type: none"> <li>10:00 Cornhole</li> <li>11:00 Are You Smarter than a Fifth Grader?</li> <li>2:00 Painting Pumpkins Craft [AS]</li> <li>3:00 Dominos</li> </ul>	<p>9:45 This Day in History 18</p> <ul style="list-style-type: none"> <li>10:30 <b>Chair Yoga</b></li> <li>2:00 Pumpkin Bingo [AS]</li> <li>3:00 Wheel of Fortune Board Game [AS]</li> </ul>	<p>9:45 This Day in History 19</p> <ul style="list-style-type: none"> <li>10:00 Morning Walk</li> <li>11:00 Virtual Music Intro Quiz( 1970s to 2010s)</li> <li>2:00 <b>Doughnut &amp; Coffee Social</b></li> <li>3:00 Book Club [AS]</li> </ul>	<p>9:45 This Day in History 20</p> <ul style="list-style-type: none"> <li>10:30 <b>Devotion with Angie</b></li> <li>2:00 <b>Fall Harvest Festival</b></li> <li>2:00 <b>Swimming Class [PL]</b></li> </ul>	<p>9:45 This Day in History 21</p> <ul style="list-style-type: none"> <li>10:00 Morning Walk</li> <li>10:30 Board Games</li> <li>2:00 Bingo</li> <li>3:00 Card Games</li> </ul>	
<ul style="list-style-type: none"> <li>Intellectual</li> <li>Music</li> <li>Pet Therapy</li> <li>Physical</li> <li>Purposeful</li> <li>Resident Led Activity</li> <li>Social</li> <li>Spiritual</li> </ul>	<p>9:45 This Day in History 22</p> <ul style="list-style-type: none"> <li>10:00 Virtual Hymns</li> <li>11:00 Virtual Church</li> <li>2:00 Pokeno</li> <li>3:00 Board Games</li> </ul>	<p><b>TV Talk Show Host Day</b> 23</p> <ul style="list-style-type: none"> <li>9:45 This Day in History</li> <li>10:00 Shuffleboard Tournament</li> <li>11:00 Price Is Right Virtual Game</li> <li>2:00 <b>Resident Council Meeting [AS]</b></li> <li>3:00 Pokeno</li> </ul>	<p>9:45 This Day in History 24</p> <ul style="list-style-type: none"> <li>10:00 <b>Art with Brittany [AS]</b></li> <li>11:00 Ping Pong Tournament</li> <li>2:00 Scrabble [AS]</li> <li>3:00 Bingo</li> </ul>	<p>9:45 This Day in History 25</p> <ul style="list-style-type: none"> <li>10:30 <b>Chair Yoga</b></li> <li>2:00 Uno [AS]</li> <li>3:00 Pumpkin Pie Shake Social</li> </ul>	<p>9:45 This Day in History 26</p> <ul style="list-style-type: none"> <li>10:00 Drumming with D.O.N.</li> <li>11:00 <b>Best Pumpkin Contest</b></li> <li>2:00 Pokeno</li> <li>3:00 Dominos [AS]</li> </ul>	<p>9:45 This Day in History 27</p> <ul style="list-style-type: none"> <li>10:30 <b>Devotion with Angie</b></li> <li>2:00 <b>Happy Hour Bingo</b></li> <li>2:00 <b>Swimming Class [PL]</b></li> <li>3:00 Puzzle Challenge [AS]</li> </ul>	<p>9:45 This Day in History 28</p> <ul style="list-style-type: none"> <li>10:00 Morning Walk</li> <li>10:30 Board Games</li> <li>2:00 Bingo</li> <li>3:00 Card Games</li> </ul>	
	<p>9:45 This Day in History 29</p> <ul style="list-style-type: none"> <li>10:00 Virtual Hymns</li> <li>11:00 Virtual Church</li> <li>2:00 Pokeno</li> <li>3:00 Board Games</li> </ul>	<p><b>National Candy Corn Day</b> 30</p> <ul style="list-style-type: none"> <li>9:45 This Day in History</li> <li>10:00 Beach Volleyball</li> <li>1:30 Candy Corn Craft [AS]</li> <li>3:00 Pumpkin Bingo [AS]</li> </ul>	<p><b>Happy Halloween! October Birthday Bash</b> 31</p> <ul style="list-style-type: none"> <li>10:00 <b>Doggie Not So Scary Costume Contest</b></li> <li>11:00 Scarecrow Mason Jars Craft</li> <li>2:00 <b>Not So Spooky Halloween Costume Contest</b></li> <li>3:00 <b>Halloween Party</b></li> </ul>	<p>"Activities subject to change. All accurate and current activities will be posted on the TV on the main floor daily"</p>				