

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
<p>May 2024</p> <p>Brightmore of East Memphis</p> <p><i>Independent Senior Living</i></p>		<p>Color Code: Magenta: Activities With Life Enrichment Orange: Performers, Speakers and Artists Black: Resident Led Activities Red: Committee Meetings Blue: Outings Green: Shopping Trips</p>		<p>9:00 Coffee Chat /B 10:00 Walking Group 10:30 Outing to Germantown Library /FL 2:00 –4:00 Creating Mother’s Day Cards! /AS 4:00 Planning June Events with KC /AS</p>		<p>9:30 Putting 10:00 Outing to Agricenter Farmers Market 11:00 Great Course /CR 1:30 Poker 2:00 Uno /CR 3:00 Basic Watercolor Painting with KC /AS 4:00 Art Therapy: Creative Coloring /CR</p>		<p>9:00 Coffee Chat /B 10:00 Walking Group 1:30 Celebrating May Birthdays! /CR 2:00 Cinco De Mayo Social /B 3:00 Cinco De Mayo Games /B</p>		<p>Happy Birthday Mrs. McClure! 2:00 Rook /CR 5:30 Kentucky Derby Social /CR 6:57 Kentucky Derby Race</p>					
		<p>Cinco De Mayo 5 11:00 Bellevue <i>Baptist Church Live Stream</i> 3:00 Cinco De Mayo at Overton Square //FL</p>		<p>9:00 Coffee Chat /B 10:00 Bocce 11:00 Scrabble /CR 2:00 Presentation with Dedicated Senior Medical Center with Chenille D. /MR 3:00 Margaritas by the firepit with KC 4:00 Thankful Monday /B</p>		<p>9:00 Coffee Chat /B 10:30 Errands to Kroger/FL 1:30 Knitting Group /AS 2:00 Scrabble /CR 3:00 Afternoon Bingo/CR 4:00 Virtual Bowling /CR</p>		<p>9:00 Belton Hearing Checks /HS 8 9:00 Coffee Chat /B 10:00 Walking Group 10:30 Garden Club /B 1:30 Bible Study & Hymns with Randy & Rusty /MR 3:00 Outing to Smoothie King /FL 4:00 Book Club /L</p>		<p>9:30 Putting 10:00 Meditation/AS 9 11:00 Great Course 1:00 Presentation with Cassandra from Sam’s Club /CR 2:00 Uno 4:00 Art Therapy: Creative Coloring /AR 6:00 Music with Memphis Notes & Happy Hour/B</p>		<p>8:30 Dr. Alexander–Podiatry clinic/HS 10 9:00 Coffee Social /B 10:00 Walking Group 1:30 Chess /L 1:30 Card Games /CR 2:00 Men’s Group /B 3:00 Movie “Forest Gump”</p>		<p>11:00 Mother’s Day Tea Social & Music with Tim Stanek /C 11 2:00 Rook /CR</p>	
		<p>Happy Mother’s Day 12 11:00 Bellevue <i>Baptist Church Live Stream</i></p>		<p>Mental Awareness Month (Wear Green) 13 9:30 Outing to Starbucks /FL 11:00 Nature Walk 1:30-2:30 Hand Massages with Connie Haynes /MR 3:30 Facial Masks with KC /AS 4:00 Thankful Monday /AS</p>		<p>9:00 Coffee Chat /B 10:30 Errands to Target /FL 14 1:30 Knitting Group /AS 2:00 Music & Happy Hour with Joe Boogie /B 3:00 Meet & Mingle Social /B 4:00 Virtual Bowling /CR</p>		<p>9:00 Coffee Chat /B 10:00 Painting with Brittany /AS 15 11:00 Garden Club /B 2:00 Mexican Train /CR 4:30 Smartphone assistance with KC / B</p>		<p>9:30 Putting 10:00 Meditation /AS 16 11:00 Great Course /CR 1:30 Western Matinee /2nd floor 1:30 Bible Study with Luke /MR 2:00 Uno /CR 4:00– 6:00 Brightmore First Rodeo Event</p>		<p>9:00 Coffee Social /B 10:00 Outing to Starbucks 17 10:00 Walking Group 1:30 Chess /L 1:30 Card Games /CR 2:00 Men’s Group /B 3:00 Movie “ The Wizard of Oz” /CR</p>		<p>2:00 Rook /CR 18</p>	
		<p>11:00 Bellevue <i>Baptist Church Live Stream</i></p>		<p>Happy Birthday Mrs. Kraft! 20 9:00 Coffee Chat/B 10:00 Bocce 2:00 Presentation from the Germantown Library /MR 3:30 Resident Council Meeting /MR 4:30 Book Club Meeting</p>		<p>9:00 Coffee Chat /B 10:30 Errands to Sprouts /FL 21 1:30 Knitting Group /AS 2:00 Music & Happy Hour with Steve Johnston /B 3:00 Afternoon Bingo /CR 4:00 Virtual Bowling /CR</p>		<p>9:00 Belton Hearing Checks /HS 22 9:00 Coffee Chat 10:00 Memphis Music Hall of Fame 2:00 Presentation with Officer Smith /CR 3:00 Outing to Marble Slab Creamery /FL 4:30 Book Club /L</p>		<p>9:30 Putting 10:00 Meditation /AS 23 11:00 Great Course/CR 1:30 Poker 2:00 Uno /CR 3:00 Pencil Sketching with Mr. Wage / AS 4:00 Art Therapy: Creative Coloring /AS 7:00 Spring Recital @NLC</p>		<p>9:00 Coffee Social /B 12:00 Memorial BBQ lunch in the Courtyard /C 24 2:00 Presentation from Carlee from the Botanic Gardens 3:00 Smore's Happy Hour 3:30 Movie “Mrs. Doubtfire” /CR 7:00 Spring Recital @NLC</p>		<p>2:00 Rook /CR 25</p>	
<p>11:00 Bellevue <i>Baptist Church Live Stream</i></p>		<p>Memorial Day 27 9:30 Coffee Chat 1:30 Scrabble 2:00 Movie Netflix Residents Choice 4:00 Mexican Train</p>		<p>9:00 Coffee Chat /B 10:30 Errands to Trader Joe’s /FL 28 1:30 Knitting Group /AS 2:00 Music with Johnston and Johnston & Happy Hour /B 3:30 Rummikub /CR 4:00 Virtual Bowling /CR 7:00 Overton Square Trivia & Bingo</p>		<p>National Senior Health & Fitness Day! 29 9:00 Coffee Chat /B 10:45 Walking at Shelby Farms & Lunch /FL 2:00 Creating Leather Journals from Jamie / AR 4:00 Smartphone Assistance with KC /B</p>		<p>9:30 Walking Group 10:00 Meditation 30 11:00 Great Course 1:00 Presentation From Memphis Firefighters 3:00 Paint & Sip with Taylor 6:00 Chimes Square Movie Night “Guardians of the Galaxy”</p>		<p>9:00 Coffee Social 10:00 Walking Group 1:30 Card Games 3:00 Movie “The Bucket List” 31</p>					
B- BISTRO		CR-CARD ROOM		AS-ART STUDIO		MR -MUTIPURPOSE ROOM		L-LIBRARY		FL-FRONT LOBBY		HS- HAIR SALON		C-COURTYARD	

Welcome May!

Speakers, Performers, & Artists This Month

- 5/6– Presentation with **Dedicated Senior Medical Center with Chenille** at **2:00PM** in the Multipurpose room. Come join us. She has a lot to offer.
- 5/8– **Bible Study & Hymns with Randy & Rusty** at **1:30PM** in the Multipurpose room.
- 5/9– **Cassandra from Sam's Club** is back again! We hope to see you at **1:00PM** in the card room.
- 5/10– **Doctor Alexander** will be here at **8:30AM**. He is a Podiatrist doctor. Come listen in the hair salon.
- 5/13– In light of Mental Awareness Month, **Connie Haynes** will be here at **1:30PM** in the multipurpose room. You don't want to miss it.
- 5/14– Music & Happy Hour with **Joe Boogie** at **2:00PM** in the Bistro. It will be lots of fun! Hope to see you there!
- 5/15– **Brittany** will be here to illustrate a beautiful panting for us! How exciting! She will be here at **10:00AM** in the art studio.
- 5/16– Bible Study with **Luke**. We are so glad to have him here with us. You don't want to miss it. See you at **1:30PM** in the multipurpose room.
- 5/20– Books , Books, Books! There will be a presenter from the **Germantown Library** at **2:00PM** in the multipurpose room.
- 5/21– **Steve Johnston** is back, ladies and gentlemen! We are looking forward to it. He will be here at **2:00PM** in the bistro.
- 5/22– **Officer Smith** will be here at **2:00PM** in the card room. He will be discussing about the crimes in Memphis. Perhaps, donuts will be served, maybe?
- 5/29– We will be creating **leather journals with Jamie** in the art studio! We are so excited for this project and please join us! See you at **2:00PM**.
- 5/30– You don't want to miss this at all. We are looking forward to hearing form the **Memphis Firefighters** at **1:00PM** in the card room. They will be discussing about safety procedures and emergencies as well.

May 2024



6420 QUINCE RD, MEMPHIS, TN 38119

Your lifestyle calendar designed around **INSPIRE:**
Inclusive, Nutritional, Spiritual, Physical, Intellectual, Recreational, Engaging

This Month In Life Enrichment:

All Birthdays in the month of May, will be celebrated on Friday, May 3rd at 1:30PM in the card room. *Happy Birthday to each and every one of you!*

Staff Birthdays: 5/3 Jason Stringer 5/8– Debora Stripling 5/19– Sharron Durrah
5/22– Michayela Carrington

Residents Birthdays: 5/4 Clare McClure 5/20 Lois Kraft

Let's celebrate **Cinco De Mayo** on Sunday, May 5th at the Overton Square, they are providing food & Music. We plan to leave by 2:30PM. *(Sign up in the library.)*

Mother's Day tea social will be May 11th at 11:00AM. Live music with Tim Stanek in the courtyard. Please invite your family.

*****5/16– Save the date! Brightmore's First Rodeo Event! Our 1 year Anniversary is coming up! We are excited and cannot wait! The event starts at 4:00PM. Friends & Family are welcome to join us. Lots of fun, food, beverages, and so much more! We hope to see you there! *****

We had a great time at the Memphis Zoo. Bingo is always fun, and so is Happy hour!

